

Preparing for Cyber Essentials Accreditation

Norwich	Days	Dec	Jan	Feb	Mar	Apr	Price
Microsoft Excel							
Introduction	1	1 / 20	6 / 17	3 / 14	1 / 17 / 28	11 / 28	£175
Intermediate	1	2 / 21	7 / 18	4/15	2/18/29	12 / 29	£175
Advanced - Level 1	1	15	20	23	24	25	£175
Advanced - Level 2	1	16	21	24	25	26	£175
Visual Basic	2	*	*	*	*	*	£550
Microsoft Word			•	'			
Introduction	1	*	10	*	*	5	£175
Intermediate	1	*	11	*	*	6	£175
Advanced	1	*	*	16	*	*	£175
Microsoft Access							
Introduction	2	*	*	*	*	*	£395
Intermediate	1	*	*	*	*	*	£250
Advanced	1	*	*	*	*	*	£250
Microsoft Outlook		ı			ı		
Introduction	1	7	*	*	*	*	£175
Microsoft PowerPoint				'			
Introduction	1	6	*	*	4	*	£175
Advanced	1	*	*	*	*	22	£175
Microsoft Project		ı	ı			ı	
Introduction	1	13 - 14	*	10 - 11	30 - 31	*	£395
Advanced	1	*	*	*	*	*	£250
Microsoft Publisher		ı		1		1	
Introduction	1	*	*	*	*	*	£175
Microsoft Visio		I		l		1	
Introduction	1	*	*	*	*	*	£250
		ı		1		1	
Microsoft Office 365 Apps							
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Norwich	Days	Dec	Jan	Feb	Mar	Apr	Price
	Days	Dec	Jan	Feb	Mar	Apr	Price
Norwich	Days	Dec *	Jan *	Feb *	Mar *	Apr *	Price £275
Norwich Introduction to Teams in Office 365							=
Norwich Introduction to Teams in Office 365 Introduction							=
Norwich Introduction to Teams in Office 365 Introduction Power BI	1	*	*	*	*	*	£275
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction	1	* 9-10	*	*	*	*	£275
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps	2	* 9-10	*	*	* 14-15	*	£275
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction	2	* 9-10	*	*	* 14-15	*	£275
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate	2	* 9 - 10 6 - 7 Virtual 8	*	*	* 14 - 15 *	*	£275 £695 £975
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate	2	* 9 - 10 6 - 7 Virtual 8	*	*	* 14 - 15 *	*	£275 £695 £975
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction	2	* 9 - 10 6 - 7 Virtual 8	*	*	* 14 - 15 *	*	£275 £695 £975
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction Web Design	2 2	* 9-10 6-7 Virtual 8 Virtual	* * * *	* * * * *	* 14 - 15 *	* * *	£275 £695 £975
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction Web Design Norwich	2 2	* 9-10 6-7 Virtual 8 Virtual	* * * *	* * * * *	* 14 - 15 *	* * *	£275 £695 £975
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction Web Design Norwich Wordpress	2 2 Days	* 9-10 6-7 Virtual 8 Virtual	* * * Jan	* * * Feb	* 14-15 * Mar	* * * Apr	£275 £695 £975 £650
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction Web Design Norwich Wordpress	2 2 Days	* 9-10 6-7 Virtual 8 Virtual	* * * Jan	* * * Feb	* 14-15 * Mar	* * * Apr	£275 £695 £975 £650 Price
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction Web Design Norwich Wordpress Introduction	2 2 Days	* 9-10 6-7 Virtual 8 Virtual	* * * Jan	* * * Feb	* 14-15 * Mar	* * * Apr	£275 £695 £975 £650 Price
Norwich Introduction to Teams in Office 365 Introduction Power BI Introduction Power Apps Introduction Power Automate Introduction Web Design Norwich Wordpress Introduction Cyber Security	2 2 Days	* 9-10 6-7 Virtual 8 Virtual Dec	* * * Jan *	* * * Feb	* 14 - 15 * Mar *	* * * Apr *	£275 £695 £975 £650 Price

Prices quoted are per person and are exclusive of VAT. Terms and conditions apply. All details correct at time of publication, Jarrold Training reserves the right to change dates, prices and course content without notice. Updated: 24 November 2021



Technical & Programming							
Norwich	Days	Dec	Jan	Feb	Mar	Apr	Price
C# .Net Programming							
Introduction	3	*	*	*	*	*	£1,050
Developing Windows Applications	3	*	*	*	*	*	£1,050
Exchange Server							
Installing and Managing	3	*	*	*	*	*	£1,050
PowerShell							
Administration and Scripting	3	*	*	*	21 - 23 Classroom	*	£1,050
SQL Server							
Install & Admin	3	*	*	7 - 9 Classroom	*	*	£1,050
Programming and Development	3	*	*	*	*	*	£1,050
SharePoint							
Online (Office 365)	3	*	*	*	*	*	£1,050
Window Server							
Configuring, Managing and Maintaining	3	*	*	*	*	*	£1,050
Adobe Creative Suite							
Norwich	Days	Dec	Jan	Feb	Mar	Apr	Price
Adobe Creative Cloud Essentials			19 Virtual				
Introduction	1	*	*	*	11 Classroom	*	£295
Adobe Creative Design Techniques							
Introduction	1	*	*	*	*	*	£265
Illustrator							
Introduction	2	*	*	*	7 - 8 Classroom	*	£495
Advanced	1	*	*	*	*	*	£265
InDesign							
Introduction	2	*	26 - 27 Classroom	*	*	*	£495
Advanced	1	*	*	*	*	*	£265
Photoshop							
Introduction	2	*	24 - 25 Classroom	*	*	*	£495
Advanced	1	*	28 Classroom	*	*	*	£265
Digital Marketing							
Norwich	Days	Dec	Jan	Feb	Mar	Apr	Price
SEO & PCC							
Google Adwords	1	*	*	*	*	*	£300
Google Analytics	1	*	*	*	*	*	£300
Search Engine Optimisation (SEO)	2	*	*	*	*	*	£600
Social Media							
Social Media for Business	1/2	*	*	*	*	*	£195
LinkedIn & Twitter for B2B Businesses	1/2	*	*	*	*	*	£195
Videos							
Filmmaking for Business with Adobe Spark - Beginners	1	*	*	*	*	*	£300
Filmmaking for Business with Adobe Spark – Advanced	1	*	*	*	*	*	£300
Video Editing with Adobe Premiere Pro - Beginners	1	*	*	*	*	*	£300
Other courses							
Data Visualisation and Infographics	1	*	*	*	*	*	£300
Creative Marketing Strategy	2	*	*	*	*	*	£600
Writing Effective Online Content	1/2	*	*	*	*	*	£195

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Management Training & Personal Development

Norwich

Drive with ILM Level 5 Award in Management - Director & Senior Management Development

6 Full day sessions - 9.30am - 4.30pm

 October / November classroom
 8, 15, 22 September, 6, 13, 20 October

Forefront - Team Leader Development

6 Half day sessions - 9am - 1pi	m
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September / October Classroom	16, 23, 30 September, 14, 21 and 28 October	£1,495
October / November Classroom	6, 13, 20 October, 3, 10 and 17 November	£1,495
November / December classroom	2, 9, 16, 30 November, 7 and 14 December	£1,495

ILM Level 3 Award in First Line Management (Additional Fee)

Presence - Communication & Influencing Skills

4 Half day sessions - 9am - 1pm

September / October Classroom	28 September, 5, 12 and 19 October	£1,250
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orwich	Days	Dec	Jan	Feb	Mar	Apr	Price
roduction to Project Management	1	*	28	*	*	*	£250
jile PM			1 Classicum		•		
undation	3	*	*	*	*	14-17	£1,299
undation & Practitioner	4	*	*	*	*	*	£1,999
PM				•			
oject Fundamentals	2	*	31 Jan - 1 Feb	*	*	*	£795
oject Management	5	*	*	*	*	*	£1,650
RINCE2 ®				•			
undation	3	*	24 - 26 Classroom	*	21 - 23 Classroom	*	£795
undation & Practitioner	5	*	24 - 28 Classroom	*	21 - 25 Classroom	*	£1,295
actitioner Upgrade	2	*	27 - 28 Classroom	*	24 - 25 Classroom	*	£695
SP			Ciasicon		<u> </u>	•	
undation	3		*	*	*	*	£1,699
undation & Practitioner	5		*	*	*	*	£2,499
ambridge	Days	Dec	Jan	Feb	Mar	Apr	Price

DDINCE2 @							
Chelmsford	Days	Dec	Jan	Feb	Mar	Apr	Price
Foundation & Practitioner	5	*	*	*	*	*	£1,295
roundation	3	,	, and the second	n n	, and the second	,	£195

PRINCE2 ®							
Foundation	3	*	*	*	*	*	£795
Foundation & Practitioner	5	*	*	*	*	*	£1,295

London	Days	Dec	Jan	Feb	Mar	Apr	Price
PRINCE2 ®							
Foundation	2	*	*	*	*	*	£795
Foundation & Practitioner	4.5	*	*	*	*	*	£1,295

For other Project Management venues and dates please visit our website





Business Skills							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Assertiveness	1	*	26 Classroom	*	*	*	£250
Bids & Tender Writing	1	*	*	*	*	20 Classroom	£250
Business Writing Skills	1	*	*	*	*	*	£250
Communication Skills	1	*	*	*	28 Classroom	*	£250
Conducting Effective Meetings	1	*	*	*	*	*	£250
Influencing Skills	1	*	*	21 Classroom	*	*	£250
Minute Taking	1	*	10 Classroom	*	11 Classroom	*	£250
NLP Introduction	1	*	*	*	*	*	£250
PA / Executive Assistant	1	*	*	*	*	*	£250
Presentation Skills	1	*	20 Classroom	*	*	8 Classroom	£250
Report Writing	1	*	*	*	29 Classroom	*	£250
Time Management	1	8 Classroom	*	*	7 Classroom	*	£250
Train the Trainer	1	2 Classroom	*	28 Classroom	*	7 Classroom	£250
Writing for the Web	1	*	*	*	*	*	£250

Coaching							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Coaching Skills	1	6 Classroom	*	9 Classroom	*	*	£250

Finance							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Credit Control	1	*	*	*	*	*	£250
Finance for Non-Financial Managers	1	*	*	*	24 Classroom	*	£250

HR							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Appraisal	1	*	*	*	*	*	£250
Conflict Resolution	1	*	*	*	*	*	£250
Equality, Diversity & Inclusion	1/2	*	*	*	*	*	£195
HR Essentials for Line Managers	1	*	*	*	*	*	£250
Managing Stress and Workplace Pressue	1	*	*	*	*	*	£250
Recruitment & Selection	1	*	*	*	14 Classroom	*	£250
Resilience & Wellbeing	1	15 Classroom	*	*	*	*	£250

Sales & Customer Service							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Customer Care	1	*	*	3 Classroom	*	*	£250
Dealing with Difficult People	1	*	31 Classroom	*	*	*	£250
Handling Customer Complaints	1	*	*	*	*	*	£250
Negotiating Skills	1	*	*	*	8 Classroom	*	£250
Networking Skills	1/2	*	*	*	*	*	£150

Team Performance							
	Days	Dec	Jan	Feb	Mar		Price
Effective Team Leadership and Motivation	1	*	12 Classroom	*	4 Classroom	*	£250
Managing Your Team with Lawful Performance Management	1	*	*	*	*	*	£275
Managing You Team Remotely	2 Half Days	*	*	*	*	*	£250

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IOSH							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Safety, Health and Environment for Construction Workers	1	*	*	*	*	*	£195
Working Safely	1	*	20 Classroom	*	*	*	£170
Managing Safely	3	1 - 3 Classroom	17 - 19 Classroom	23 - 25 Classroom	21 - 22 Classroom	*	£545
Managing Safely Refresher	1	*	*	*	*	*	£265
Leading Safely	6 hours	*	*	*	*	*	£295

NEBOSH									
	Days	Dec	Jan	Feb	Mar	Apr	Price		
NEBOSH Awards									
Award in Health and Safety at Work	3	6-8 Classroom	*	*	*	*	£595		
HSE Introduction to Incident Investigation	1	*	*	*	*	*	£315		
NEBOSH Certificates									
National General Certificate - Units: NG1 & NG2	10.5 + exam		7, 8, 9, 10 and 11 February, Revision: 28 February (am), Exam: 2 March, Closing Interview: 9 March 14, 15, 16, 17 and 18 March, Assignment Submission Date: November						
Construction Certificate - Units: NC	10 + exams		7, 8, 9, 10, 11, 21, 22, 23, 24 and 25 February Assignment Release Date: 1 March, Submission Deadling: 3 March, Closing Interview: 10 March						
Environmental Certificate - Units: EMC1 & EMC2	5 + exams	25, 26, 27, 28 and 29 April, Exam: 4 May, Closing Interview 10 May							
Fire Certificate - Units: FSC1 & FSC2	5 + exams	24, 25, 26, 27 and 28 Janu	24, 25, 26, 27 and 28 January, Exam: 2 February, Assignment Submission Date: 18 February						
HSE Certificate in Health and Safety Leadership Excellence	1	1 March					£325		

First Aid							
	Days	Dec	Jan	Feb	Mar	Apr	Price
Qualsafe							
Emergency First Aid at Work Level 3 Award	1		24 Classroom	*	*	22 Classroom	£95
First Aid at Work Level 3 Award	3	*	31 Jan - 2 Feb	*	2 - 4 Classroom	*	£315
Mental Health England							
Mental Health First Aiders	2	*	*	14 - 15 Classroom	*	*	£295

Food Safety								
	Days	Dec	Jan	Feb	Mar	Apr	Price	
Highfield Qualifications								
Level 2 Award in Food Safety in Catering (RQF)	1	*	*	*	*	*	£145	
Level 2 Award in Food Safety in Catering Refresher (RQF)	4 hours	*	*	*	*	*	£95	
Level 2 Award in Food Safety in Manufacturing (RQF)	1	*	*	*	*	*	£95	
Level 3 Award in Food Safety in Catering Refresher (RQF)	3	*	*	*	*	*	£395	
Level 3 Award in Food Safety in Manufacturing Refresher (RQF)	3	*	*	21 - 23 Classroom	*	*	£395	

HACCP								
	Days	Dec	Jan	Feb	Mar	Apr	Price	
Highfield Qualifications								
Level 2 Award in HACCP for Catering (RQF)	1	*	*	*	*	*	£195	
Level 2 Award in HACCP for Food Manufacturing (RQF)	1	*	*	*	*	*	£195	
Level 3 Award in HACCP for Catering (RQF)	2	*	*	*	*	*	£395	
Level 3 Award in HACCP for Food Manufacturing (RQF)	2	*	13-14	*	*	*	£395	