

Microsoft Office						
Norwich	Days	May	Jun	Jul	Aug	Price
Microsoft Excel						
Introduction	1	2 / 13	3 / 20	2 / 17	2 / 15	£225
Intermediate	1	3 / 14	4 / 21	3 / 18	5 / 16	£225
Advanced - Level 1	1	28	27	22	20	£225
Advanced - Level 2	1	29	28	23	21	£225
Visual Basic	2	*	*	*	*	£550
Microsoft Word						
Introduction	1	*	*	*	13	£225
Intermediate	1	7	*	*	14	£225
Advanced	1	*	*	*	*	£225
Microsoft Access						
Introduction	2	*	*	*	*	£395
Intermediate	1	*	*	*	*	£250
Advanced	1	*	*	*	*	£250
Microsoft Outlook						
Introduction	1	*	*	*	*	£250
Microsoft PowerPoint						
Introduction	1	*	*	*	*	£250
Advanced	1	*	*	*	*	£250
Microsoft Project	-					_
Introduction	2	*	6 - 7 / 24 -25	30 - 31	*	£450
Microsoft Office 365 Apps						
Norwich	Days	May	Jun	Jul	Aug	Price
Introduction to Teams in Office 365						
Introduction	1	*	*	*	*	£275
Power BI						
Introduction	2	20 - 21	17 - 18	25 - 26	*	£695
Power Apps						
Introduction	2	*	*	*	*	£975
Power Automate						
Introduction	1	*	*	*	*	£650
Web Design						
Norwich	Days	May	Jun	Jul	Aug	Price

Web Design						
Norwich	Days	May	Jun	Jul	Aug	Price
Wordpress						
Introduction	1	*	*	*	*	£250

Data Protection						
	Days	May	Jun	Jul	Aug	Price
GDPR – Data protection in the workplace	1/2	*	10 (am) virtual	*	*	£250

Cyber Security					
Cyber Security for Business Owners & Leaders					
Cyber Security Staff Awareness	These courses are available as in-house / bespoke training. Contact us for more details				
Preparing for Cyber Essentials Accreditation					



Technical & Programming						
Norwich	Days	May	Jun	Jul	Aug	Price
C# .Net Programming						
Introduction	3	*	*	*	*	£1,395
Developing Windows Applications	3	*	*	*	*	£1,395
Exchange Server						
Installing and Managing	3	*	*	*	*	£1,395
PowerShell						
Administration and Scripting	3	*	*	*	*	£1,395
SQL Server	-1					
Install & Admin	3	*	*	*	*	£1,395
Programming and Development	3	*	*	*	*	£1,395
SharePoint		I	I.	1	1	
Online (Office 365)	3	*	*	*	*	£1,395
Window Server						
Configuring, Managing and Maintaining	3	*	*	*	*	£1,395
Adobe Creative Suite						
Norwich	Days	May	Jun	Jul	Aug	Price
Adobe Creative Cloud Essentials						
Introduction	1	*	*	*	*	£375
Adobe Creative Design Techniques						
Introduction	1	*	*	*	*	£375
Illustrator						
Introduction	2	*	12-13	*	*	£495
Advanced	1	*	14	*	*	£375
InDesign	<u> </u>		17	<u> </u>	<u> </u>	2070
Introduction	2	*	10-11	*	*	£495
Advanced	1	*	*	*	*	£375
	'		,	, and the second	,	£3/3
Photoshop		*	*	*	*	£495
Introduction	2	*	*	*	*	_
Advanced	1	*	*	*	*	£375
District Mandagation						
Digital Marketing	Dave	Mari	line	Jul	Asset	Price
Norwich Social Media	Days	May	Jun	Jui	Aug	Price
Introduction to Social Media	1/2	*	*	*	*	£195
SEO & PCC	1/2					2170
Google Analytics 4	1/2	*	*	*	*	£195
SEO Essentials: Strategies To Boost Your Organic Rankings	1/2	*	*	*	*	£195
SEO Essentials, Strategies 10 Boost Your Organic Rankings  Videos	1/2	^	^	^	^	£195
		*	10 ()	*	*	0600
Create Video Animation with Adobe After Effects and Illustrator	2		19 (am) *			£600
Filmmaking for Business with Adobe Express – Beginners	1	*		*	*	£300
Video Editing with Adobe Premiere Pro – Beginners	1	*	*	*	*	£300
Other courses						
Data Visualisation and Infographics	1	*	*	*	*	£350
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Creative Marketing Strategy Writing Effective Online Content	_	These cours	ses are available as in-house / be	espoke training. Contact us for mo	ore details	



# Management Training & Personal Development

# Norwich

Updated: 23/04/2024

Drive with ILM Level 5 Award in Management - Director & Senior Management Development - 6 full day sessions - 9.30am - 4.30pm

June - July Classroom	6, 13, 20 June, 4, 11 and 18 July	£3,200
September - October Classroom	20, 27 September, 4, 11, 18 and 25 October	£3,200

#### Forefront with ILM Level 3 Award in First Line Management - Team Leader Development - 6 half day sessions - 9am - 1pm

June - July (1) Classroom	4, 11, 18 June, 2, 9 and 16 July	£1,695
June - July (2) Classroom	13, 20, 27 June, 4, 11 and 18 July	£1,695
September - October Classroom	12, 19, 26 September, 3, 10 and 17 October	£1,695

## Elevate - Advancing Female Leadership for Business and Career Success - 5 half day sessions - 9am - 1pm

May - June Classroom	16, 23 May, 6, 13 and 20 June	£1,395
November - December Virtual	6, 13, 20, 27 November and 4 December	£1,395

### Empower - Communication & Influencing Skills - 1 full day and 3 half day sessions - 9am - 1pm

October Classroom	2, 9, 16 and 23 October	£1,250
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# Supervisiory Skills Norwich Days May Jun Jul Aug Price Introduction to Supervisory Skills 2 \* \* \* \* £550 Further Supervisory Skills 2 \* \* \* \* £550

Team Performance						
Norwich	Days	May	Jun	Jul	Aug	Price
Effective Team Leadership and Motivation	1	13	*	10	*	£250
Managing Your Team with Lawful Performance Management	1	*	*	*	*	£325

Coaching						
Norwich	Days	May	Jun	Jul	Aug	Price
Coaching Skills	1	*	*	*	*	£275

Business Skills & Soft Skills							
Norwich	Days	May	Jun	Jul	Aug	Price	
Assertiveness	1	*	*	30	*	£250	
Bids & Tender Writing	1	*	*	*	*	£250	
Business Writing Skills	1	*	*	*	*	£250	
Communication Skills	1	*	*	15	*	£250	
Conducting Effective Meetings	1	*	12	*	*	£250	
Critical Thinking	1	*	*	*	*	£250	
Influencing Skills	1	22	*	*	*	£250	
Insights Discovery Workshop	1/2	*	*	*	*	£395	
Minute Taking	1	20	*	*	6	£250	
NLP Introduction	1	*	*	*	*	£250	
PA / Executive Assistant	1	*	*	*	*	£250	
Presentation Skills	1	14	*	*	5	£250	
Project Management Introduction	1	*	21	*	*	£285	
Report Writing	1	15	*	*	*	£250	
Solving Problems and Making Decisions	1	*	*	*	*	£295	
Time Management	1	*	5	*	19	£250	
Train the Trainer	1	*	27	*	*	£285	
Level 2 Introduction to Trainer Skills - City & Guilds Accredted	1	*	*	*	*	£595	

Prices quoted are per person and are exclusive of VAT. Terms and conditions apply. All details correct at time of publication, Jarrold Training reserves the right to change dates, prices and course content without notice.



Sales & Customer Service						
	Days	May	Jun	Jul	Aug	Price
Customer Service	1	16	*	*	16	£250
Dealing with Difficult People	1	*	26	*	*	£250
Handling Customer Complaints	1/2	*	*	*	*	£215
Negotiating Skills	1	*	*	*	2	£285

Finance						
	Days	May	Jun	Jul	Aug	Price
Credit Control	1	*	*	*	*	£250
Finance for Non-Financial Managers	1	*	18	*	*	£285

HR						
	Days	May	Jun	Jul	Aug	Price
Appraisal	1	*	*	*	*	£250
Conflict Resolution	1	*	*	*	*	£250
Equality, Diversity & Inclusion	1/2	*	*	*	*	£250
Managing Stress and Workplace Pressue	1	*	*	*	*	£250
Recruitment & Selection	1	*	*	*	*	£250
Resilience & Wellbeing	1	*	*	*	*	£250

Project Management						
	Days	May	Jun	Jul	Aug	Price
Introduction to Project Management	1	*	21	*	*	£285
Agile PM						
Foundation	3	*	10 - 12	*	5 - 7	£1,299
Foundation & Practitioner	4	*	10 - 13	*	5 - 8	£2,095
APM						
Project Fundamentals	2	1 - 2	*	24 - 25	*	£995
Project Management	5	20 - 24	*	29 July - 2 Aug	*	£1,995
PRINCE2 ®						
Foundation	3	13 - 15	*	22 - 24	*	£1,295
Foundation & Practitioner	5	13 - 17	*	22 - 26	*	£1,995
Practitioner Upgrade	2	16 - 17	*	25 - 26	*	£1,295
MSP						
Foundation	3	7 - 8	*	1 - 2	*	£1,299
Foundation & Practitioner	5	7 - 10	*	1 - 4	*	£1,39
Change Management				<u>.</u>		
Foundation	3	*	3 - 5	*	12 - 14	£1,395
Foundation & Practitioner	5	*	3 - 7	*	12 - 16	£999
For othe	r Project	Management venues a	ınd dates please visit	our website		

Procurement						
	Days	May	Jun	Jul	Aug	Price
Fundamentals of Procurement	1	*	*	*	*	£450
Contract Management		*	*	*	*	£450

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IOSH						
	Days	May	Jun	Jul	Aug	Price
Safety, Health and Environment for Construction Workers	1	*	*	*	*	£195
Working Safely	1	*	*	12	*	£175
Managing Safely	3	29 -31	24 - 26	*	12 - 14	£545
Managing Safely Refresher	1	*	*	*	*	£255
Leading Safely	6 hours	*	*	*	*	£295
Managing Occupational Health and Wellbeing	1	*	*	*	*	£199
Avoiding Danger from Underground Services	1	*	*	*	*	£275

NEBOSH						
	Days	May	Jun	Jul	Aug	Price
NEBOSH Awards						
Award in Health and Safety at Work	3	*	*	*	*	£595
HSE Introduction to Incident Investigation	1	*	3	*	*	£315
NEBOSH Certificates						
HSE Certificate in Health and Safety Leadership Excellence	1	*	*	19	*	£325
National General Certificate	10 + exam	Next course starts 3 June 2024				£1,795
Construction Certificate	10 + exams	Next course starts 9 September	2024			£1,795
Environmental Certificate	5 + exams	Next course starts 1 May 2024	Next course starts 1 May 2024			
Fire Certificate	5 + exams	Next course starts 21 October 2	024			£995
NEBOSH Dipolma						=
Level 6 Diploma For Occupational Health & Safety Management	30 + exams	Next course starts 22 July 2024				£5,995

Please visit our website for the full course information and future start dates

# Other Health & Safety Accredited Courses

	Days	May	Jun	Jul	Aug	Price
CITB Site Safety Plus						
SMSTS - CITB Site Management Safety Training Scheme	1	*	*	*	*	£655
SSSTS - CITB Site Supervision Safety Training Scheme	1	*	*	*	*	£385
IEMA						
Foundation Certificate In Environmental Management	5	Next course starts 13 September	er 2024			£995

Fi	rst Aid						
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	Days	мау	Jun	Jul	Aug	Price
Qualsafe						
Emergency First Aid at Work Level 3 Award	1	*	24	*	*	£110
First Aid at Work Level 3 Award	3	*	*	*	*	£330
Mental Health England						
Mental Health First Aiders	2	30 - 31	*	*	5 - 6	£325
Mental Health First Aid Champions	1	*	*	*	*	£200
Mental Health Awareness	4 hours	*	*	*	*	£125

Elearning	
Introduction to Health and Safety in the Workplace	This elearning package is available as in-house / bespoke training. Contact us for more details

Contact us for details on our other elearning course packages

Please view our Health and Safety Brochure for a full list of courses available

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