

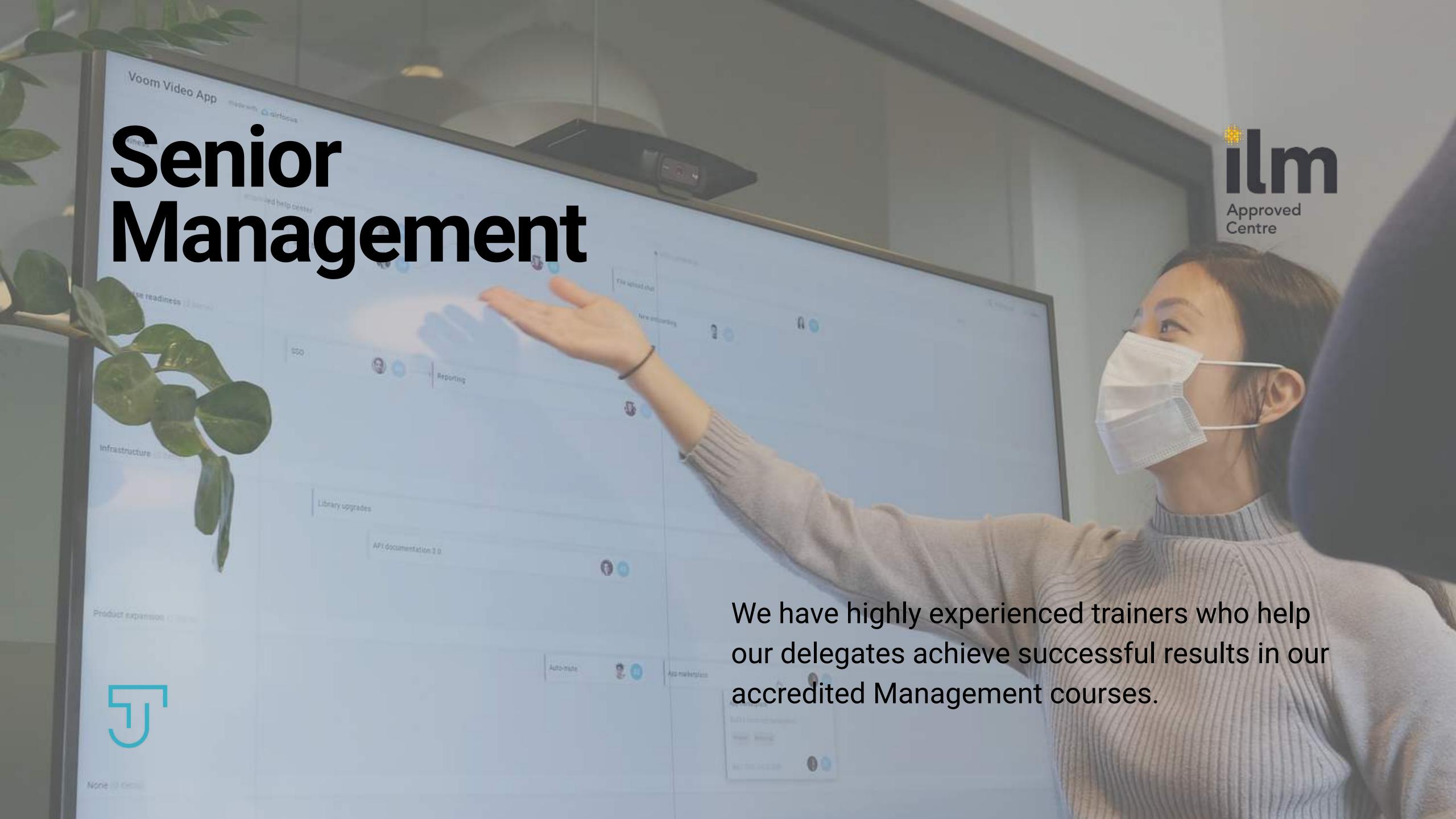
Our bespoke and scheduled courses at all levels enable you to develop the skills and habits of brilliant leadership for superb results.



### Content



Senior Management	Page 4
Team Leader Development	Page 6
Personal Development	Page 10
Team Performance	Page 12
Coaching	Page 18
Insights Profiling	Page 23



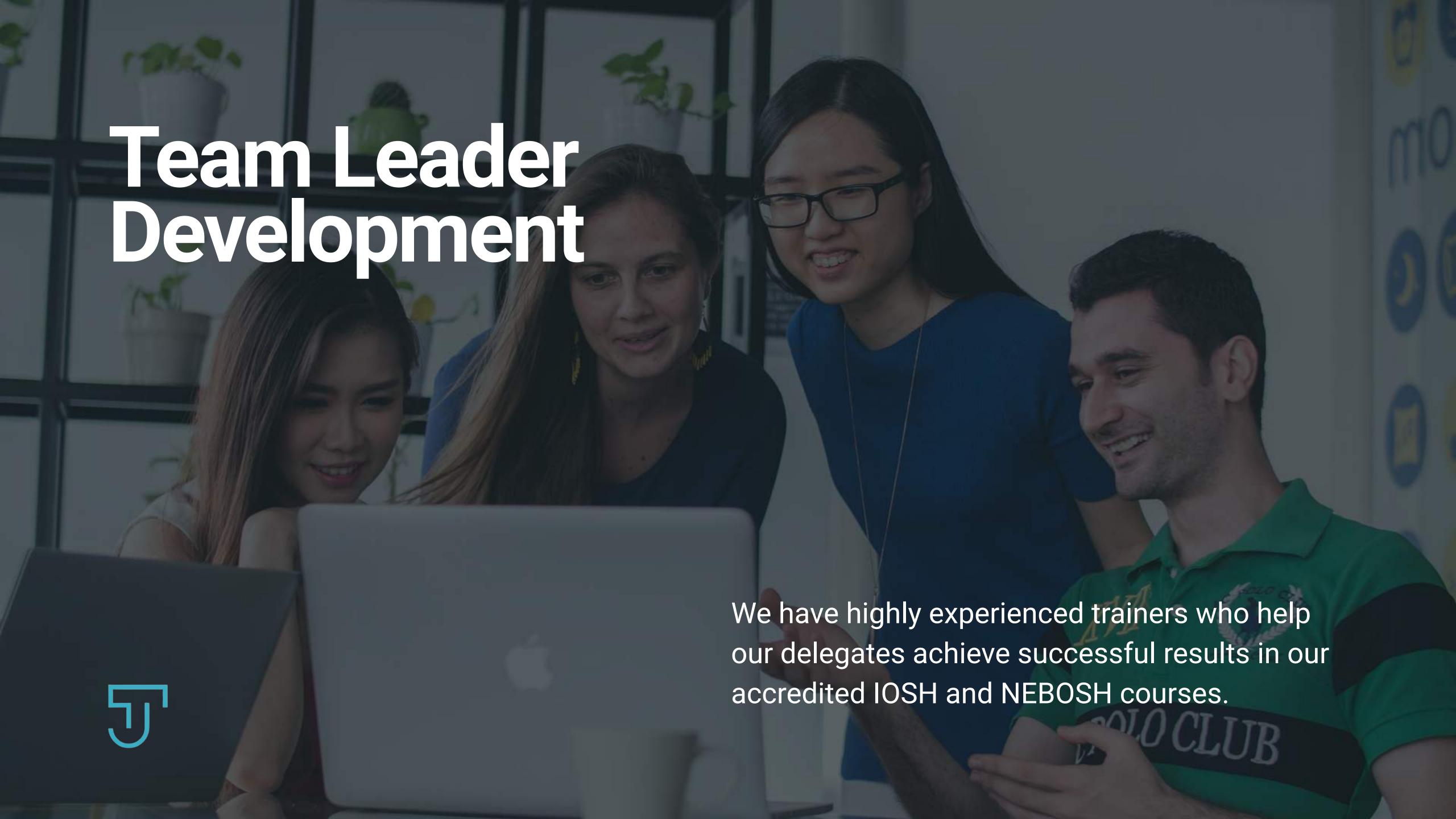
# Drive with ILM Level 5 Accreditation

Course Length: 1 Day

Cost: £195

A cross sector leadership group, to challenge and drive all participants forward, with the goal of implementing real change in their own organisation, with the backing of ILM structure and accreditation. The core element is that by working together, with non-competitors in a mutually supportive but challenging environment, we all succeed to learn, develop and be brilliant.





### Forefront – Team Leader Development

Course Length: 6 Days

Cost: £3200

Forefront is a unique team leader course. An investment in your people to deliver increased competence and financial returns for your business.

Do you have frontline managers who:

Were promoted from within because they are technically good? Are new to the role and / or inexperienced at managing others? Need improved confidence in managing people and problems? Find it difficult to balance the pressures of delivering for management while remaining part of the team?

Could make a significant contribution to the company's profits if they were able to improve the performance of themselves and their teams?



## Forefront with ILM Level 3 Accreditation

Course Length: 6 Days

Cost: £1695

Forefront is a unique team leader course, which is an investment in your people to deliver increased competence and financial returns for your business.

Do you have frontline managers who:

Were promoted from within because they are technically good?
Are new to the role and / or inexperienced at managing others?
Need improved confidence in managing people and problems?
Find it difficult to balance the pressures of delivering for management while remaining part of the team?

Could make a significant contribution to the company's profits if they were able to improve the performance of themselves and their teams?

This course can also be taken without ILM Level 3 Accreditation.



# Team Leader / Supervisor Apprenticeship

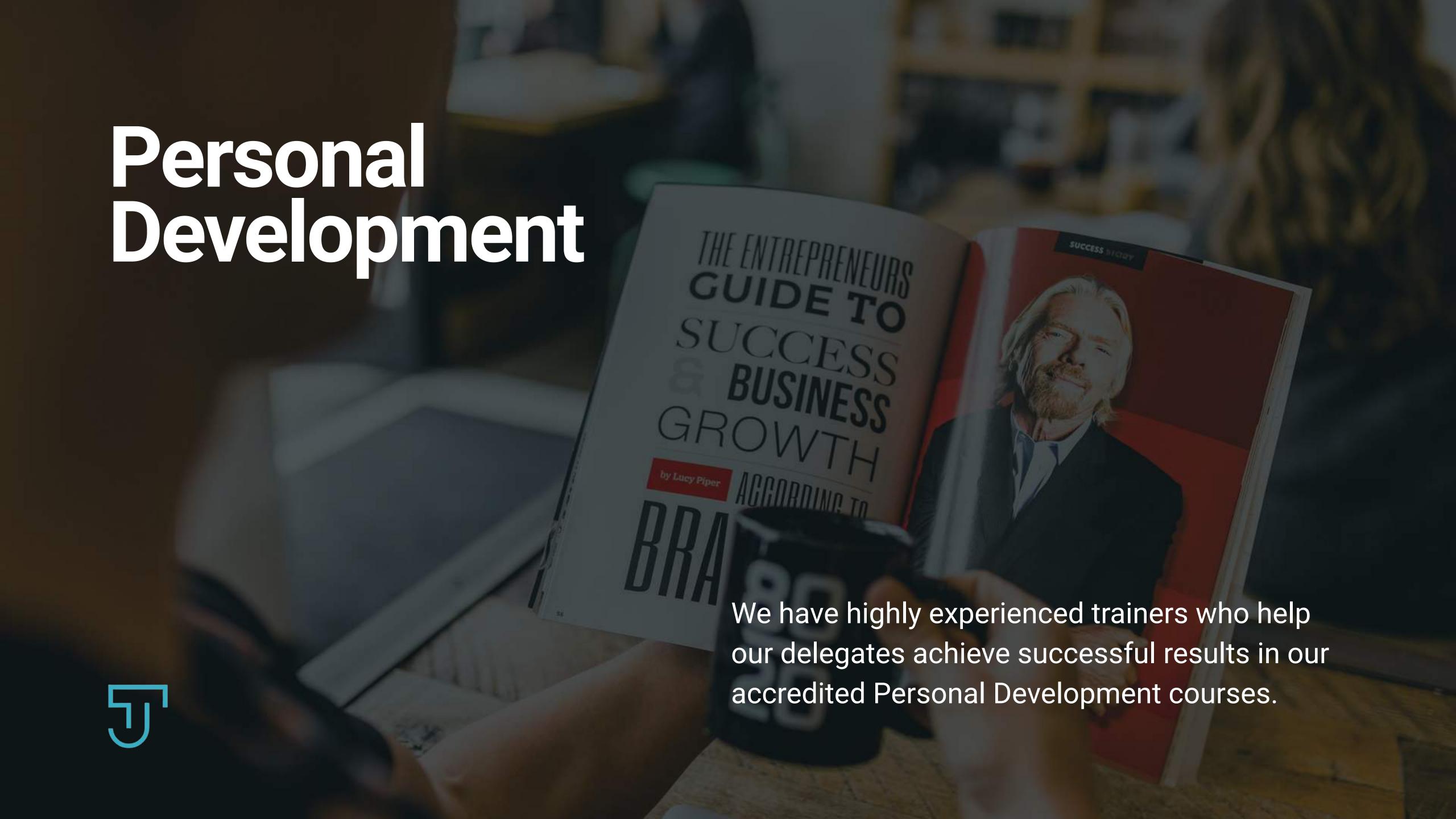
Course Length: Minimum 12 Months

Cost: £4500

The Team Leader Supervisor Level 3 Apprenticeship is ideal for those with management responsibilities but no formal training who are serious about developing their skills. It is particularly suited to practising team leaders seeking to move up to the next level of management, as well as those who are aspiring leaders of the future with the opportunity to apply their learning in the workplace.

The course will enable delegates to gain a deeper understanding of themselves, the people they work with and how to get the best from them, as well as key skills of problem solving, decision making, Project Management, handling conflict and challenging situations, managing change, effective communication, developing relationships and Finance. All delivered within a framework of proven models and current legislation.





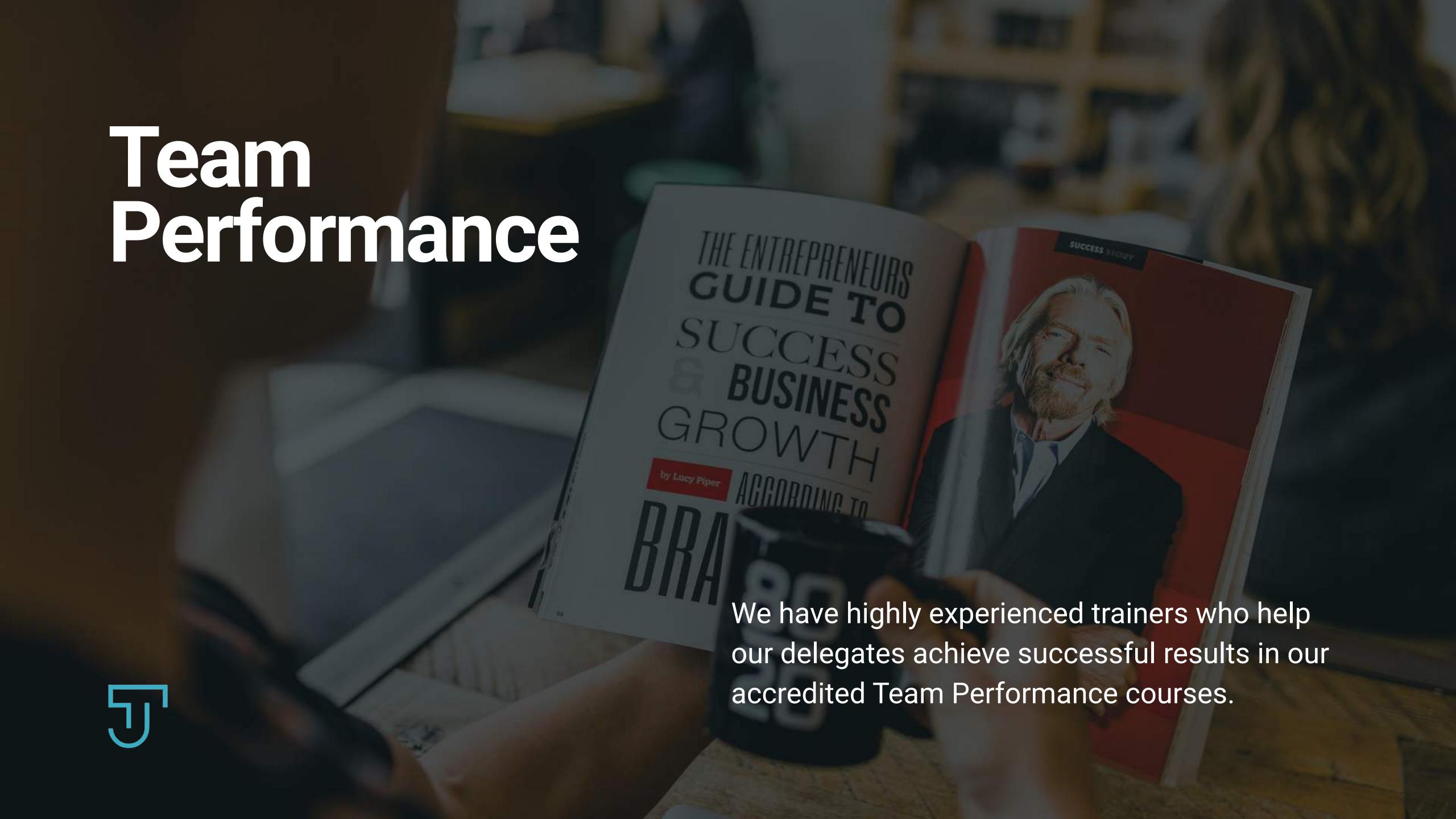
# Empower – Communication & Influencing Skills

Course Length: 4 Half Day Sessions

Cost: £1250

Presence works on two levels: developing ourselves and developing more skills to influence effectively the important people and events in our lives.





### Effective Team Leadership and Motivation

Course Length: 1 Day

Cost: £250

Research shows that a really motivated team can contribute an extra 33% towards productivity.

The best leaders know how to access this extra effort by motivating their teams or departments to help them achieve their own goals, as well as those of the business.

This course gives practicing or potential first line managers (team leaders or supervisors) a foundation in Leadership and Motivational Skills.

You'll develop an understanding of the factors that influence how people behave at work and investigate a range of leadership styles to motivate individuals and monitor performance.



## Managing Your Team Remotely – 1 Hour Taster Session

Course Length: 1 Hour

Cost: Free

This course is offered as a 1 hour virtual session via teams.

Virtual teams are a necessity in today's world of work and this has become even more pronounced since the coronavirus outbreak. Evidence shows virtual teams deal with more challenges than face-to-face teams, as they must rely on electronic communications. This has prompted a search for solutions to develop and manage teams more effectively – solutions that will maintain and improve both an organisation's operational performance and employee well-being.

If you are a supervisor, team leader or manager and want to improve your effectiveness in managing your team remotely, then this one hour taster session is for you. We will look at some of the key techniques that will help you manage, support and motivate your team.



### Managing Your Team Remotely

Course Length: 2 Half Day Sessions

Cost: £250

This course is offered as 1 day classroom training OR 2 half day virtual sessions.

Virtual teams are a necessity in today's world of work and this has become even more pronounced since the coronavirus outbreak. Scientific evidence shows virtual teams deal with more challenges than face-to-face teams, because they must rely on electronic communications and this has prompted a search for solutions to develop and manage them more effectively – ones that will help maintain both an organisation's operational viability and employee well-being.



### Managing Your Team with Lawful Performance Management

Course Length: 1 Day

Cost: £250

Do your managers and supervisors:

understand what motivates their team and how their management style impacts team performance?

sometimes get frustrated with poor performers yet put off having difficult conversations?

know how to tackle issues of poor performance? understand that everyone approaches work differently?



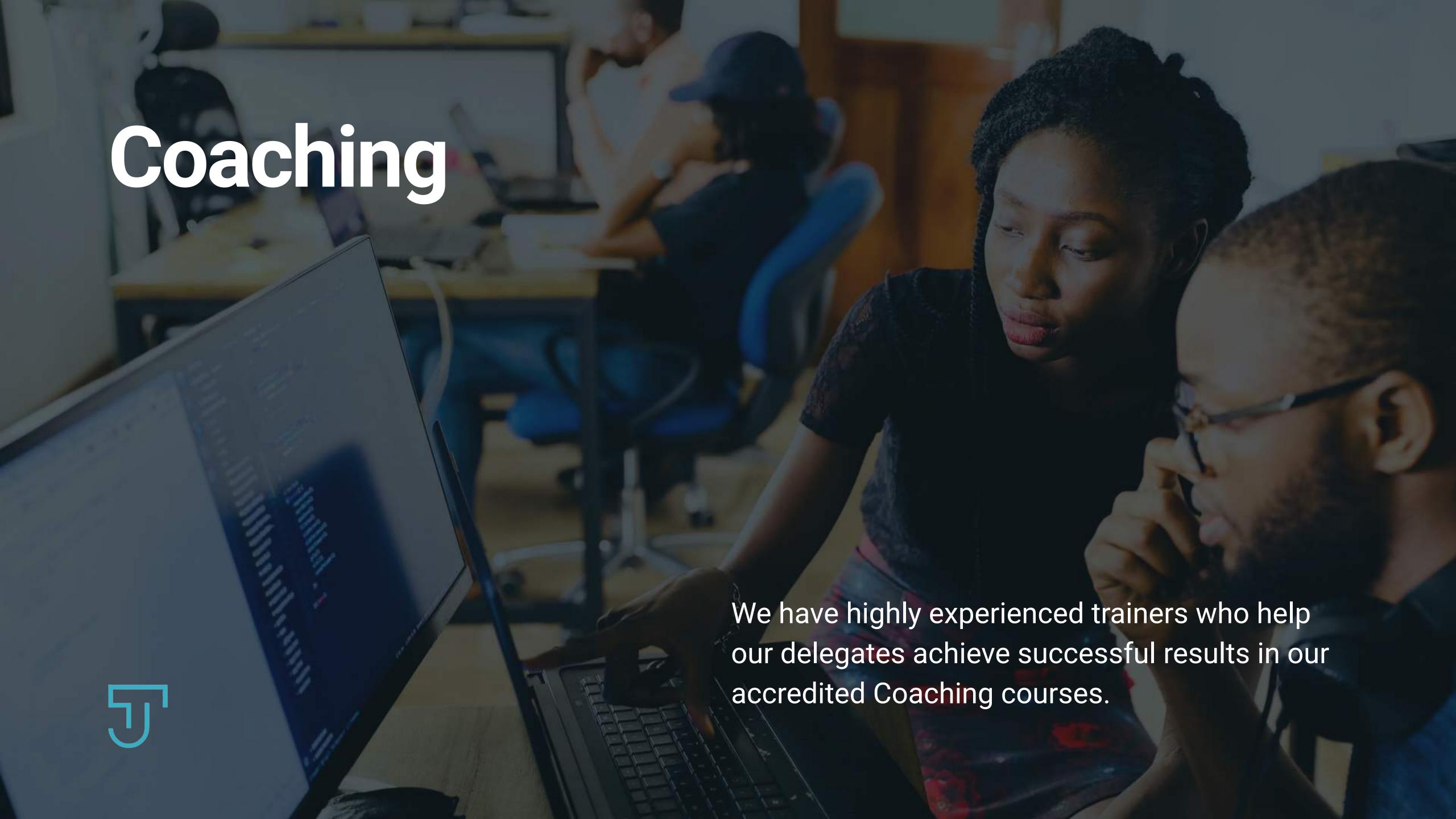
### Team Building with Insights

Available As An In-House Course. Contact Us For More Details.

Insights Discovery is the perfect model for understanding yourself and how you might be perceived. Within the team environment the system allows us to recognise strengths and preferences of behaviour within each other. This is a full day course for a team within any organisation who wishes to understand each other in depth as well as creating a plan for effective communication.

This is true 'Team Building'. Delegates will understand each other's perspectives which will help them move from 'Frustration to Fascination' or 'Irritation to Appreciation'.





### Coaching Skills

Course Length: 1 Day

Cost: £275

Research shows that a really motivated team can contribute an extra 33% towards productivity.

The best leaders know how to access this extra effort by motivating their teams or departments to help them achieve their own goals, as well as those of the business.

This course gives practicing or potential first line managers (team leaders or supervisors) a foundation in Leadership and Motivational Skills.

You'll develop an understanding of the factors that influence how people behave at work and investigate a range of leadership styles to motivate individuals and monitor performance.



### Executive Coaching

#### Contact Us For More Details

Six reasons for using this approach:

- 1. My business or role seems to be growing faster than me.
- 2. I know where I want to get to but there are too many barriers that are frustrating me.
- 3. I need to be clearer in my thinking but I find there is some unhelpful 'noise' within.
- 4. With my experience, skills and talents I feel I could perform to an even higher standard.
- 5. There are people in my life who seem to be inhibiting my results.
- 6. My current performance is holding me and others back.

If you can associate with any of these statements then working with an Executive Coach can provide you with real improvements in the way you perform in your professional and personal life.



### Managing Your Team Remotely

Course Length: 2 Half Day Sessions

Cost: £250

This course is offered as 1 day classroom training OR 2 half day virtual sessions.

Virtual teams are a necessity in today's world of work and this has become even more pronounced since the coronavirus outbreak. Scientific evidence shows virtual teams deal with more challenges than face-to-face teams, because they must rely on electronic communications and this has prompted a search for solutions to develop and manage them more effectively – ones that will help maintain both an organisation's operational viability and employee well-being.



### Managing Your Team with Lawful Performance Management

Course Length: 1 Day

Cost: £250

Do your managers and supervisors:

understand what motivates their team and how their management style impacts team performance?

sometimes get frustrated with poor performers yet put off having difficult conversations?

know how to tackle issues of poor performance? understand that everyone approaches work differently?



### Insights Profiling



We have highly experienced trainers who help our delegates achieve successful results in our accredited profiling courses.



# Insights Discovery Profile and Feedback

Course Length: Bespoke

Cost: £299

Using Jung's typology, the Insights Discovery profiling system offers a framework for self-understanding and development which has been utilised and engaged with by thousands of companies and millions of individuals around the world.



# Insights Discovery Profile, Feedback and Executive Coaching

Course Length: Bespoke

Cost: From £449

Research suggests that a fundamental understanding of self, both strengths and weaknesses, enables individuals to develop effective strategies for interaction that can help them to better respond to the demands of their environment.

Insights Discovery is the perfect model for understanding yourself and how you might be perceived. Within the team environment the system allows us to recognise strengths and preferences of behaviour within each other.



#### Customer Testimonials

#### Forefront with ILM Level 3



"Great, thought-provoking course. Elliot is a fab trainer; full of enthusiasm, knowledge (both practical and academic) and he is an excellent instructor. Quite a lot of what we covered was the academic theory which could have been disengaging, but he delivered it with such good humour and panache, the day flew by and I think we are all thirsty for more!"

OMS International

#### InDesign Introduction



"Absolutely brilliant course. Great training by Paul who was constantly enthusiastic as if he had just discovered this great software and all it could do, incredibly knowledgeable ... knew every trick, and brilliant pacing - watch and listen, write notes, have a go"

CITB



#### Excel Advanced Level 2



"An absolutely fabulous course - Charlie's knowledge of and outside of Excel is fantastic, the course content was more than suffice for my needs, and will be a great help in my data reporting going forward."

**KIER** 

#### **Assertiveness**



"Matt was superb. An excellent speaker, who is very thorough, clear and knowledgeable. I highly recommend him. I found the course very useful, with many areas that I can use in my day-to-day work. I will suggest it to my colleagues at NUA."

**Norwich University of the Arts** 



#### Some Of Our Clients

We are proud to provide training services to many amazing organisations, including...



### Awarding Bodies

Jarrold Training is accredited to provide the courses from the following bodies...







Learn, develop, be brilliant