

NEBOSH Award in Health and Safety at Work

Three Day Course

Course introduction

This three day qualification is the perfect introduction to health and safety. It will help improve the safety culture in your organisation, by equipping your workforce to identify and deal with hazards at work helping to reduce accidents and achieving cost savings for the business. The course covers risk assessments and ways to control common workplace hazards such as fire, lifting and carrying, work equipment, electrical safety, hazardous substances and transport. This qualification is an ideal first step towards other higher level NEBOSH qualifications including NEBOSH's International General Certificate and National General Certificate. The qualification is particularly relevant to Team leaders and supervisors, HR professionals, Facilities managers and those working with young people in a training environment.

Assessment and Accreditation

This course is assessed through a multiple choice examination and a practical risk assessment which tests the ability to put into practice the knowledge gained during the course.

A qualification parchment will be awarded on successful completion of both units: HSW1 and HSW2. On successful completion of the 2 units, delegates will receive the NEBOSH Health and Safety at Work qualification. This qualification has been accredited and credit rated by the Scottish Qualifications Authority (SQA). It sits in the Scottish Credit and Qualifications Framework (SCQF) at SCQF Level 5 with 3 SCQF credit points. SCQF Level 5 is comparable to NQF/QCF Level 2 in England, Wales and Northern Ireland.

Course outline

The qualification is divided into two units, each of which is assessed separately:

Unit HSW1: Workplace safety foundations

- The foundations of health and safety
- The responsibility for health and safety
- Health and safety risk assessment and control
- Work equipment
- Transport safety
- Working with electricity
- Fire safety
- Manual handling and repetitive activities
- Hazardous substances
- The working environment

Unit HSW2: Risk Assessment

- Assessed by a 1 hour risk assessment activity, undertaken in your workplace.

About NEBOSH

NEBOSH (The National Examination Board in Occupational Safety and Health) was formed in 1979 as an awarding body with charitable status. They offer a comprehensive range of globally-recognised qualifications designed to meet the health, safety and environmental management needs of all places of work.

NEBOSH Qualifications

- Give practical skills that keep workplaces safer
- Attract around 50,000 candidates annually
- Help build careers with a modular qualification structure
- Are recognised by professional membership bodies such as IOSH

Related courses: NEBOSH National General Certificate; NEBOSH National Fire Certificate; NEBOSH Certificate in Environmental Management; NEBOSH Construction Certificate