

Effective Team Leadership & Motivation

One Day Course

Course introduction

Research shows that a really motivated team can contribute an extra 33% towards productivity.

The best leaders know how to access this extra effort by motivating their teams or departments to help them achieve their own goals, as well as those of the business. This course gives practicing or potential first line managers (team leaders or supervisors) a foundation in Leadership and Motivational Skills. You'll develop an understanding of the factors that influence how people behave at work and investigate a range of leadership styles to motivate individuals and monitor performance.

Course Aims

Whether you are new to leadership, feel that your leadership can be improved or aspire to be a leader then this course will provide you with ways to be comfortable and confident in your role so you are able to enhance your effectiveness. You'll discover how to select appropriate motivational techniques for different individuals and learn how to create the team dynamic you want. You'll also develop your knowledge and understanding of how effective communication at work can increase staff motivation and productivity.

Course outline

Course content

- Understand how to build a team
- Leadership Styles
- Characteristics of groups and teams
- Tuckman's theory of group formation
- How to identify team roles
- Building a balanced team to achieve objectives
- Theories of Motivation
- Sources of Challenges
- Coping with Challenges
- Factors affecting motivation levels in the workplace
- How our individual differences affect motivation in the workplace
- Impact on organisational performance when motivation levels are low and what to do about it
- Motivational models and how to use them to improve performance

- Use employee engagement to increase motivation levels
- Understand how to develop and maintain effective working relationships

What will I learn

- How to be a great leader
- The Purpose of Leadership
- Inspiring loyalty and trust
- Coping with Challenges
- The fundamentals of building a productive and cohesive team.
- Motivating individuals and teams
- Engaging all members of the team.
- Creating consistent and motivating goals
- Dealing with negativity
- Communicating effectively

Related courses: Forefront Team Leader Development

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